

## Caerphilly Trail Races 2026 Results (15/02/2026)

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
1	163	Tony	Marshall	M	Open	10K		0:49:21
2	93	James	Griffiths	M	Open	10K	Pontypridd Roadents AC	0:49:44
3	7	Gareth	Battle	M	V45	10K	Ogmore Phoenix Runners	0:50:24
4	267	Lewis	Warrington	M	Open	10K		0:51:01
5	101	Nicholas	Hearn	M	Open	10K		0:53:07
6	213	Joe	Ray	M	Open	10K	Egdon Heath Harriers	0:53:12
7	233	jessie	Sanzo	F	V45	10K		0:53:19
8	270	Elliott	Waugh	M	V45	10K		0:56:04
9	63	Rhys Morgan	Davies	M	Open	10K	Tri Hard Harriers	0:56:08
10	204	Ben	Popek	M	Open	10K		0:56:48
11	217	Jonathan	Rendell	M	Open	10K	Running punks	0:57:49
12	114	Stephen	Hughes	M	Open	10K		0:58:22
13	5	Carl	Austin	M	V45	10K		0:58:45
14	155	Jason	Lugg	M	V45	10K		0:58:48
15	265	Ian	Wang	M	V45	10K		0:59:10
16	276	Megan	Whitaker	F	Open	10K		0:59:44
17	17	Bryan	Bliss	M	V45	10K		0:59:50
18	179	Victoria	Mort	F	Open	10K	Run4All Neath	0:59:57
19	251	Jake	Thomas	M	Open	10K		1:00:08
20	218	Oliver	Reynolds	M	V45	10K		1:00:28
21	110	Lewys	Hopkins	M	Open	10K	ULTRA SCAFF	1:00:51
22	43	Nick	Causier	M	Open	10K	Caerphilly runners	1:00:54
23	31	Alex	Buday	M	V45	10K	MRP	1:00:57
24	170	Cam	Mckellar	M	Open	10K	Caldicot RC	1:01:35
25	72	Zac	Dyer	M	Open	10K		1:03:19
26	67	Gethin	Donoghue	M	Open	10K		1:04:20
27	56	James	Cooke	M	Open	10K		1:04:50
28	279	Liam	Williams	M	Open	10K	Cardiff Met Running Society	1:04:52
29	247	Ruth	Tayler	F	Open	10K		1:05:04

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
30	272	Dan	Webb	M	Open	10K		1:05:07
31	138	Gareth	Jones	M	V45	10K	Ogmore Phoenix Runners	1:05:11
32	74	Paul	Edwards	M	Open	10K	Run4All Neath	1:05:17
33	24	Ben	Breen	M	Open	10K		1:05:19
34	246	Cassie	Summers	F	Open	10K	Les Croupiers RC	1:05:22
35	57	Thomas	Crowther	M	Open	10K		1:05:25
36	98	Rod	Harris	M	V45	10K		1:05:27
37	244	Jordan	Stenner	M	Open	10K		1:05:34
38	201	Lisa	Pinnell	F	V45	10K	Penarth and Dinas Runners	1:05:57
39	211	Conor	Quinn	M	Open	10K		1:06:13
40	107	Christopher	Holt	M	Open	10K		1:06:23
41	127	Peter	Jeffery	M	V45	10K		1:06:37
42	14	Sarah	Black	F	Open	10K		1:06:41
43	188	Sarah	Padbury	F	Open	10K		1:07:17
44	121	David	Jackson	M	Open	10K		1:07:37
45	151	Anthony	Locke	M	V45	10K		1:08:09
46	126	emma	Jeffery	F	V45	10K		1:08:51
47	241	Nick	Sloper	M	V45	10K	Spirit of Monmouth	1:08:54
48	51	Megan	Colbeck	F	Open	10K		1:09:22
49	149	Sam	Lihou	M	Open	10K		1:09:24
50	164	Noel Antonio	Martinez Walsh	M	V45	10K		1:10:26
51	118	Joseph	Ivins	M	V45	10K		1:11:10
52	182	Elaine	Myo	F	Open	10K		1:11:12
53	28	Luke	Brown	M	Open	10K		1:11:27
54	73	Mark	Eaton	M	V45	10K		1:11:29
55	148	Josh	Lihou	M	Open	10K		1:11:37
56	273	David	Webb	M	V45	10K		1:11:52
57	183	Arwen	Neale	F	Open	10K	Cardiff met running society	1:11:58
58	129	Bradley	Jenkins	M	Open	10K		1:12:24
59	248	Dylan	Thomas	M	V45	10K		1:12:30
60	294	Daniel	Howells	M	Open	10K		1:13:20

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
61	288	Rhys	Davies	M	Open	10K		1:14:29
62	123	Owain	James	M	Open	10K	Cardiff met running society	1:15:01
63	65	James	Dean	M	Open	10K		1:15:14
64	26	Gareth	Brierley	M	Open	10K		1:16:37
65	160	James	Marsh	M	Open	10K		1:16:41
66	100	Tim	Hatton	M	Open	10K		1:16:56
67	109	Jason	Hooper	M	V45	10K	Running Punks	1:17:11
68	220	Mark	Richards	M	Open	10K		1:17:14
69	34	Alex	Burgis	M	Open	10K		1:17:20
70	167	Rachel	Matthews	F	V45	10K	Caerphilly Runners	1:17:26
71	135	Dan	Jones	M	Open	10K		1:17:51
72	192	Jack	Pearce	M	Open	10K		1:18:41
73	221	Vivienne	Richards	F	Open	10K		1:19:00
74	136	Deborah	Jones	F	Open	10K		1:19:18
75	54	Simon	Collett	M	V45	10K		1:19:23
76	97	Caroline	Harris	F	V45	10K		1:19:35
77	32	Jasmine	Bullock	F	Open	10K		1:19:37
78	256	Anna	Toye	F	Open	10K		1:19:41
79	145	Richard	Leitis	M	Open	10K		1:19:43
80	242	Yasmin	Spencer	F	Open	10K		1:19:48
81	117	John	Ivins	M	V45	10K		1:20:34
82	229	James	Rolfe	M	Open	10K		1:20:55
83	128	Mike	Jegundo-Gamble	M	Open	10K		1:20:58
84	271	Daniel	Weare	M	Open	10K		1:21:02
85	12	Rachel	Beaney	F	Open	10K		1:21:06
86	9	Jade	Bazylkiewicz	F	Open	10K	Ogmore Phoenix runners	1:21:10
87	143	Hannah	Kendell	F	Open	10K		1:21:14
88	205	Charlie	Powell	M	V45	10K		1:21:29
89	89	Silvia	Goss	F	V45	10K	Vegan Runners UK	1:22:01
90	6	Emma	Ballardie	F	Open	10K		1:22:18
91	105	Davron	Hodson	M	Open	10K		1:22:20

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
92	23	Cat	Braun	F	Open	10K		1:22:27
93	198	Aldo	Picek	M	V45	10K		1:22:30
94	259	Jaq	Underwood	F	V45	10K	Bourton Road runners	1:22:45
95	157	Melanie	Mancino	F	V45	10K		1:22:50
96	69	Fiona	Drysdale	F	V45	10K	Ogmore Phoenix Runners	1:22:58
97	200	Katie	Pink	F	V45	10K		1:23:02
98	176	Shane	Mitchell	M	Open	10K	Road 2 Adventure Wales	1:23:17
99	66	Naomi	Dhillon	F	Open	10K		1:23:21
100	199	Jim	Pink	M	V45	10K		1:23:24
101	113	Dylan	Hughes	M	Open	10K		1:23:58
102	245	Ellora	Stone	F	Open	10K		1:24:01
103	22	Andrew	Bowen	M	V45	10K		1:24:03
104	150	Matthew	Lloyd	M	Open	10K		1:24:06
105	108	Angus	Holt	M	V45	10K		1:24:10
106	99	Louise	Hartree	F	V45	10K		1:24:12
107	166	Tim	Masters	M	V45	10K	Brecon AC	1:24:21
108	132	Jamie	Joiner	M	Open	10K		1:24:24
109	194	Billy	Perkins	M	Open	10K		1:24:27
110	48	Chris	Clark	M	Open	10K		1:24:33
111	62	Peter	Davies	M	Open	10K		1:24:37
112	21	Blane	Bowden	M	Open	10K		1:24:43
113	116	Matt	Igglesden	M	V45	10K	Emlyn Runners	1:25:06
114	95	Ceri	Hampton-Gimblett	F	Open	10K		1:25:56
115	268	Holly	Watkin	F	Open	10K	Running Punks	1:26:02
116	243	Elena	Stamp	F	Open	10K		1:26:12
117	250	Gareth	Thomas	M	Open	10K		1:26:21
118	49	Sandy	Clubb	F	V45	10K		1:26:54
119	207	Alisha	Davies	F	V45	10K		1:26:55
120	264	Bryan	Wadley	M	V45	10K	Running Punks	1:27:03
121	76	Jamieson	Evans	M	Open	10K		1:27:11
122	181	Georgina	Murray	F	Open	10K		1:27:34

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
123	237	Iuliia	Shavidze	F	Open	10K		1:27:37
124	8	Pavel	Baturko	M	Open	10K		1:27:39
125	146	Gareth	Lewis	M	V45	10K		1:28:41
126	90	James	Gough	M	V45	10K		1:28:45
127	159	Kat	Mannell	F	Open	10K		1:28:51
128	13	Ed	Bell	M	Open	10K		1:29:09
129	58	Dee	Davies	F	V45	10K	Run2gether	1:29:20
130	258	Miriam	Ubelhor	F	Open	10K		1:29:38
131	36	Lottie	Burtenshaw	F	Open	10K		1:29:48
132	190	Liz	Palmer	F	Open	10K	Penarth and Dinas Runners	1:30:01
133	184	Izzy	Neale	F	Open	10K		1:31:16
134	92	Paul	Green	M	V45	10K		1:31:21
135	263	Sophie	Voizey	F	Open	10K		1:31:47
136	130	David	John	M	V45	10K		1:32:09
137	206	Wren	Powell	F	Open	10K		1:32:16
138	208	Dylan	Powell	M	V45	10K		1:32:20
139	168	Angela	Maynard	F	V45	10K		1:32:39
140	169	Paul	McGuire	M	V45	10K		1:32:44
141	202	Helen	Pithouse	F	V45	10K	Colosseum	1:33:00
142	156	Donna	Mallett	F	V45	10K		1:33:14
143	77	Lucy	Evans	F	V45	10K		1:33:18
144	261	Emma	Viant	F	V45	10K		1:33:19
145	18	Tilly	Boscott-Moses	F	Open	10K		1:33:30
146	152	Lucy	Locke	F	Open	10K	Sedgley Striders	1:33:33
147	86	Emma	Golebiowska	F	Open	10K	Egdon Heath Harriers	1:33:46
148	278	Kat	Williams	F	Open	10K		1:33:51
149	309	Ceridwen	Wilson	F	V45	10K		1:33:53
150	55	Marie	Concannon	F	Open	10K		1:35:55
151	79	Tom	Evans	M	Open	10K		1:35:58
152	215	Libbie	Read	F	Open	10K		1:36:00
153	140	Sophie	Jones	F	Open	10K		1:36:30

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
154	255	Caroline	Tinsley	F	V45	10K		1:36:40
155	87	Jake	Gonella	M	Open	10K		1:36:54
156	141	Emma	Juhlke	F	V45	10K		1:36:57
157	253	Sarah	Thomas	F	V45	10K		1:37:03
158	102	Nick	Heavyside	M	Open	10K		1:37:40
159	125	Lisa	Jazani	F	V45	10K		1:38:06
160	60	Endaf	Davies	M	Open	10K		1:38:08
161	29	Millie	Brown	F	Open	10K		1:38:11
162	191	Debbie	Paris	F	V45	10K	Pegasus RC	1:38:31
163	154	Bryce	Lovett	M	Open	10K		1:39:49
164	274	Gary	Welsby	M	V45	10K		1:40:04
165	262	Adam	Voizey	M	Open	10K		1:40:41
166	189	Christina	Paddock	F	Open	10K		1:41:08
167	282	Lydia	Wyatt	F	Open	10K	Wick Wolves Touch Rugby	1:41:57
168	10	Becca	Beacon	F	Open	10K		1:43:22
169	11	Will	Beacon	M	Open	10K		1:43:25
170	173	Pru	Melhuish	F	V45	10K	Sheruns	1:45:19
171	162	Sam	Marshall	F	V45	10K	She Runs Cardiff	1:45:46
172	165	Nicola	Mason	F	V45	10K	Les Croupiers RC	1:45:52
173	41	Jenny	Carroll	F	V45	10K	Run4All Neath	1:47:33
174	44	Anwen	Cazzato	F	Open	10K		1:48:05
175	64	Sophie	Davies	F	Open	10K		1:48:09
176	16	Stephen	Blake	M	V45	10K	Roberttown Runners	1:48:15
177	186	Charlotte	Nutt	F	Open	10K		1:48:42
178	120	Sean	Izzard	M	Open	10K		1:48:45
179	50	lauren	codd	F	Open	10K		1:49:54
180	3	Erwain	Alaw	F	Open	10K		1:50:22
181	82	Sara	Foulkes	F	Open	10K		1:50:31
182	232	Paul	Sanders	M	V45	10K		1:50:46
183	180	Eleri	Murphy	F	V45	10K		1:52:05
184	252	Miriam	Thomas	F	V45	10K		1:52:09

Position	No.	First name	Surname	Gender	Age Cat.	Course	Club	Time
185	260	Bernie	Vella-Jones	F	V45	10K		1:52:14
186	112	Carley	Howlin	F	Open	10K		1:52:18
187	228	Kirri	Rogers	F	Open	10K		1:56:32
188	1	Rose	Abbott	F	Open	10K		1:56:35
189	240	Richard	Sleight	M	V45	10K	Vegan Runners	1:56:40
190	210	Samantha Louise	Powell-Huffer	F	Open	10K		1:57:40
191	209	Alexander Andrew	Powell-Huffer	M	Open	10K		1:57:44
192	216	Sian	Regan	F	Open	10K		1:58:04
193	33	Sarah	Burdett	F	Open	10K	Les Croupiers RC	2:00:56
194	70	Andrew	Dulson	M	V45	10K		2:01:42
195	195	Amanda	Phillips	F	Open	10K		2:04:36
196	178	Sian	Morgan	F	V45	10K		2:09:47
197	139	Jan	Jones	F	V45	10K		2:09:50
198	144	Jessica	Le Huray	F	V45	10K	Rhiwbina Runaways	2:10:47
199	172	Bennett	McVeigh	M	V45	10K		2:10:49
200	61	Lisa	Davies	F	V45	10K	RUNNewport	2:28:01
201	15	Julia	Blake	F	V45	10K	RUNNewport	2:28:07
202	35	Fern	Burrage-male	F	Open	10K		2:29:57
203	175	Chantelle	Miller	F	Open	10K		2:30:01
204	83	Tania	Drewitt-Jones	F	Open	10K		2:33:51
205	42	Tamara	Carruthers-cole	F	Open	10K		2:33:54
206	158	Yasin	Mankoor	M	Open	10K	Cardiff Met Running Society	2:43:25
207	185	Tracey	Newman	F	V45	10K	Clwb Run Wales	2:57:20
208	235	Patricia	Searle	F	V45	10K	She Runs Cardiff	2:58:17
209	234	Louise	Searle	F	Open	10K	She Runs Cardiff	2:58:33
#	142	Jacob	Kelly	M	Open	10K		rtd at Finish